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DUEL MIX PÁRŮ
VE SPORTOVNÍ
GYMNASTICE

SOKOL GRAND PRIX

de gymnastique Brno 2019

SOKOL GRAND PRIX DE GYMNASTIQUE BRNO

Principles of the competition

1. Difficulty requirements:

Men - FIG competition no. 3

Women - FIG competition no. 3

2. The competition proceeds in 3 rounds:

The first round - qualification:

12 couples take part, every gymnast performs on two pieces of apparatus.

The second round – semi-finals:

6 best-ranked couples pass to the second round. In case of a tie for 6th place, all the couples for 6th place will participate in the second round. The starting order of the couples will be according to the results of the first round: the couple on the 6th place shall start. In the semi-finals the gymnasts perform on one piece of apparatus which must be different from first round. The results of the first round are not carried forward to the second round - start from zero.

The third round - finals:

4 best ranked couples in the semi-finals pass to this final round. In case of a tie for 4th place the couple with the better result in the qualification round will participate in the 3rd round. If there is also a tie, the couple with the higher number of highest scores will participate in the 3rd round. The starting order will be determined by drawing of lots. In the final the female perform on any of the pieces of apparatus (they can repeat any of already used piece), the male gymnasts can repeat only the apparatus from the first round (not from second). The results of the previous rounds are not carried forward to the 3rd round - start from zero. The Grand Prix winner is the couple with the highest sum of scores in the third round.

3. The competition order:

Please fill in the respective competition order form regarding the possibility of the couple to pass as far as to the finals. This means the order of all the 4 pieces of apparatus. These forms should be given over to Organising Committee by 12 o'clock on Saturday.

For the competition to proceed smoothly the gymnasts should be ready to perform according to the time schedule and should start their exercise at the signal given by the chair of the jury. Woman performs her routine first, man as the second.

After finishing of the final round all the competing couples and their coaches should march in for the award ceremonial. They will march in from the training gym. (Not the judges and coaches.)